

Over the Fence

SUPERINTENDENT'S MESSAGE

Dear Fraser Families:

Happy Holidays! The Christmas Season is such a wonderful time of year to celebrate with family and friends. Though it is hard to believe, we are already into the month of December. This school year has been a year of transformation, as we continue our work to implement a competency-based education model to better serve our students. As we make this transition, our staff continues to work diligently to design learning activities for each student in order to personalize learning for every child.

As superintendent, I am fortunate to visit classrooms on a regular basis, and I enjoy a firsthand view of the work that is being done by our students and staff. Recently, I toured one of our elementary buildings with a member of our Board of Education. Both of us were so impressed with the level of engagement by the students as we visited. The students were actively participating in their learning, while developing a deep understanding of their own progress on specific learning objectives. We were equally impressed with the techniques our teachers are implementing to reach every child at their particular level of learning. It's abundantly clear our staff has a deep understanding of the learning needs for each child and work daily to identify strategies to support each child.

In closing, I want to wish our entire Fraser Family a Merry Christmas and Happy New Year! We have so much to be thankful for.

With Fraser Pride,
Dr. Richards



Season of Giving

This holiday season, students and staff at Fraser High School came together to help out others in the community through a Season of Giving. Students are learning important lessons through key concepts, such as respect, giving and helping the less fortunate.

The National Technical Honor Society, FCCLA, BPA and HOSA worked together to organize a Giving Tree. More than 100 students from every school in the district were added to the tree in the FHS media center. With the help of staff, students, parents and FHS student council, all of the tags were taken. Donations and gift cards helped fill in any gaps, and in total more than 550 gifts of shoes, clothes and toys were collected for the students.

The National Honor Society organized a canned food drive to support the Fraser Goodfellows and the FHS Pantry. Seminar classes competed against each other and collected hundreds of canned food and non-perishable items.



CURRICULUM CORNER

Overview of the SAT

The Michigan Department of Education announced it will transition to the SAT as a component of the Michigan Merit Exam (MME). This shift away from the ACT will begin next April.

For Fraser families, it means the test will be a better reflection of what students are already learning. The test was recently redesigned to be more focused and measure the skills that colleges look for.

“We have been working hard in Fraser to redesign our curriculum with a focus on increased rigor and alignment to the new expectations of the SAT. The new SAT has a focus on competencies already integrated in the curriculum at Fraser schools,” said Assistant Superintendent Carrie Wozniak.

The test will be administered to students during the school day in April. Students will have three hours to complete the Reading, Writing and Language, and Math portions, and an additional 50 minutes for the SAT Essay.

SAT and ACT Comparison

Both the ACT and SAT are used in college admissions. But, there are several key differences between the two. The Princeton Review, an independent college preparation firm, outlines them as:

1. The SAT has a stronger emphasis on vocabulary.
2. SAT has three portions, plus an essay. The portions are broken into small sections. FHS juniors will complete small sections of each portion in rotation.
3. The SAT does not have a science section.
4. The SAT Essay is based on comprehension and competencies, while the ACT writing portion focuses more on how students evaluate and analyze complex issues.

A side-by-side comparison of the two tests can be found at http://mymassp.com/files/New_SAT_blueprint.pdf.

TIMELINE FOR STUDENTS

- Grade 11 – SAT
- Grade 10 – PSAT (Pre-SAT)
- Grade 9 – PSAT (Pre-SAT)
- Grade 8 – PSAT 8/9

IMPORTANT DATES

- SAT – April 12, 2016
- PSAT (Pre-SAT) – April 12 or 13, 2016
- PSAT 8/9 – April 12 or 13, 2016

All three tests will be offered for free during school hours. Specific times will be posted as the date draws nearer.

MME – 11th Grade Assessment

The Michigan Merit Exam (MME) is the general assessment for students in Grade 11.

The MME includes:

- A free SAT with Essay college entrance exam.
- A work skills assessment (ACT WorkKeys).
- M-STEP science and social studies assessments.

Beginning in the spring of 2016, the SAT will serve as a college entrance exam and the M-STEP English language arts and mathematics assessments, reducing testing time by up to eight hours.

Teacher Preparation

FPS teachers have had professional development activities to prepare for the SAT. This includes developing performance tasks to prepare students for the type of assessment they will experience during the SAT, as well as technology readiness for the assessment.

Contact For Questions

If you should have any additional questions on the SAT, contact your building principal for assistance.

RMS NJHS Helps Feed Our Community

It was a chilly Saturday morning on the first weekend of November. The Richards Middle School National Junior Honor Society students ventured out into the community to complete their first group service project of the year. They arrived at Gleaners Food Bank in Warren early and helped package food for those in need during the Thanksgiving season.

The students eagerly jumped into action, helped pick and package apples, and sort bags for filling. They worked with purpose and smiles on their

faces as they learned of the great impact their efforts would have on hungry families all over Metro Detroit. By 11:30 a.m., the students had successfully assisted in feeding 8,178 people in our community! The day was an overwhelming success on many levels. Our NJHS students learned the value of service and what it means to truly “give” from the heart.



The Salk Kiwanis Food Drive Is A Huge Success

Salk students and families were very caring and giving for the start of the Holiday Season this year. A total of 2,109 items were collected in the largest food collection ever at Salk Elementary.

The food was donated to the Clinton Township Kiwanis club, which distributes holiday baskets to families in our communities.

Salk students were also part of a contest to see which grade level could collect the most items. The winners were:

- Lower Elementary: First Grade
- Upper Elementary: Sixth Grade

The support of the Salk families has been fantastic this year!





Teamwork off the Court

The RMS 8th-grade basketball team spent a recent Saturday at the MCREST homeless shelter to help provide food to homeless people in the area. Through donations from the team and Coach Brodi's family, the team was able to put together a hearty lunch and pizza dinner for the group for that evening and the following day. The team packaged all the meals and distributed them to the families as they arrived.

The team would like to extend a special thank-you to the following volunteers for driving and helping out at the shelter: Mrs. Brodi for organizing and planning the menu and process, Rachel and Mason Brodi for lending a helping hand, Mr. and Mrs. Domenicucci, Mrs. West, Mrs. Brass, Mr. Rose, Mrs. Manor, and Mrs. Spadafore.

Emerson Hat and Mitten Tree

Students at Emerson Elementary have been busy collecting new hats, mittens and scarves. They hung the items on a Christmas tree in the main office. The Fraser Department of Public Safety will collect the items for those less fortunate this winter.



The Spirit of Giving at Twain



The Mark Twain Student Council had an exciting start to the school year. They kicked off the year with a Spirit Week and Penny Wars. Spirit Week included PJ Day, Sports Day and Mark Twain Spirit Day. Students and staff raised \$2,100 for the Leukemia and Lymphoma Society of Michigan during their Penny Wars. Mrs. Warner's and Mrs. Wirgau's 6th-grade classes raised the most money and earned a pasta lunch from Olive Garden. Mrs. Lombard's and Mrs. Riffe's 5th-grade classes earned a pizza lunch from Hungry Howie's for placing second.

During November, Student Council members hosted a canned food drive. The entire student body did a fantastic job of donating non-perishable items for the needy in our area. Mrs. Offer's 3rd-graders donated the most! They earned a pizza party for their generosity.

This month, the Student Council sponsored a Giving Tree. They collected socks, gloves, hats, scarves, toothbrushes,

toothpaste and combs for people in need in the area.

In the spirit of giving, the Student Council also teamed up with Macy's and the Make-A-Wish Foundation. Students participated in National Believe Day by writing letters to Santa. For each letter written, Macy's donated \$1 to Make-A-Wish.

So many fun activities are going on with the Mark Twain Student Council and so many more are to come in 2016!

Food Drive a Huge Success

Disney's Student Council sponsored a canned food drive. They had a spectacular response this year, collecting 3,353 cans in one week. The winning classroom received a pizza party. This year, Mrs. Gumm's 5th-grade class won with a total contribution of 551 items. Way to go Disney!



Emerson Students See 'I am Jack'

Emerson's 3rd-, 4th-, 5th- and 6th-graders recently saw the production "I am Jack!" at the Lorenzo Cultural Center at Macomb Community College. The one-man show, based on the book by the same name, Jack takes students on a touching and sometimes comical journey as he moves from a victim of bullying to a victor!



Mr. Dan Stawinski, Board of Education



Fraser Public Schools extends a warm welcome to Mr. Dan Stawinski, new Board of Education member. Mr. Stawinski was sworn in at the regular meeting on November 23.

Mr. Stawinski received a Bachelor of Science degree in Economics from Albion College. He also received a Masters of Business Administration from Wayne State University. Mr. Stawinski has lived in the District for more than 20 years and owns a State Farm Insurance Agency office in Clinton Township. He said when the vacancy on the Board came up, he knew he wanted to serve.

"For me, with kids in the schools, and also being a small business owner, it's very important to me that Fraser Public Schools stays strong," he said.

Mr. Stawinski and his wife Teresa have three children who attend or have attended Fraser Public Schools: Daniel, 6th grade at Emerson; Matthew, 10th grade at FHS; and David, a 2015 graduate. Please join Fraser Public Schools in welcoming the newest Board of Education member, Mr. Dan Stawinski.

Mrs. Kristin Ledford, Director of Communications



Fraser Public Schools would like to extend a warm welcome to Mrs. Kristin Ledford as the new Director of Communications. Mrs. Ledford was presented to the Board of Education at their regular meeting on November 23.

Mrs. Ledford received her Bachelor of Arts degree from Oakland University with a major in Journalism and a minor in Communication. Mrs. Ledford brings a wealth of experience with media relations, communications, marketing and branding. She has worked as a television news reporter in West Virginia and North Carolina, as well as in communications for a community college in West Virginia. Mrs. Ledford is excited to work with the staff and students and to continue to tell the great stories in Fraser Public Schools.

Mrs. Ledford and her husband Nick reside in Clinton Township and have a two-year-old son. Please join Fraser Public Schools in welcoming Mrs. Kristin Ledford as our Director of Communications for Fraser Public Schools.

Diversity Summit

Ten students from Fraser High School and six students from Richards Middle School were selected to represent Fraser at the Macomb County Diversity Summit. The theme of the summit was embracing diversity. Students from all area schools met to discuss issues such as refugee students, mentoring and bullying.



The summit included a breakout at the end of the day where students met with their home school to talk about putting steps into action. Students were excited to come up with ideas of how to bring this information back to the high school.

Students generated ideas about having a diversity panel, where fellow students from diverse backgrounds could tell their story to the school as part of an assembly. Other ideas included having a Diversity Day or a Diversity Club to help bring awareness.

Detroit Lion Visits FHS

Anyone can be a leader. That's the message that retired Detroit Lion Cory Schlesinger told Fraser High School students at a leadership assembly sponsored by the 4As (Arts, Academics, Activities and Athletics). He was the first of a planned series of speakers that will address different leadership messages. He spoke to several hundred students on December 2. Schlesinger played fullback for the Lions from 1995-2007. He told students that he always knew that it was ultimately his decision to be a leader both on the field and off, and that they could do the same thing.



Promoting Positive Choices



The Fraser elementary schools, in conjunction with Red Ribbon Week, created placemats that promoted positive choices. The High School T3 (Teens Talking Truth) group took some to Ram's Horn restaurant where student work was displayed on all the tables. On November 11, students and families had dinner at Ram's Horn. Ms. Sherry Asoklis and Ms. Jane Pokriefka, FPS H.E.A.R.T. teachers, attended the event, as well. The remaining placemats will be saved and used at future events!



Edison Celebrates Red Ribbon Week

Students at Edison Elementary celebrated Red Ribbon Week by showing they have the super power to be DRUG FREE! Spirit Days included Red Day, Flip Flop Day (students and teachers switch attire), Super Hero Day, and Throwback Thursday. Superheroes are SMART about not doing DRUGS!

Disney Elementary Honors Veterans

Third-grade students at Disney Elementary celebrated Veterans Day by displaying photos of their friends and relatives in the military. This celebration expanded out to anyone who wanted to honor a veteran. Forms were filled out detailing the veteran's service and explaining why they were important to the person posting the photo. The photo display filled much of the main hallway at Disney.



Students Face-Time with Veteran

This Veteran's Day, Mrs. Barker's 2nd-grade and Mrs. Huizudos kindergarten class at Twain Elementary had the pleasure of face-timing with SFC (Sergeant First Class) English. He is stationed in Africa and is the father of Sadie and Summer English who attend Mark Twain. The 2nd-graders also wrote letters to him and other members of his unit and will be pen pals for the school year. It was a unique experience for the students and for SFC English!



9th Annual

EMPTY BOWLS

To Benefit MCREST

Join us to support the hungry in our community

January 28, 2016
5:30-7:30 p.m.
Fraser High School Cafeteria

\$10 per person, or \$25 per family

Includes a student made ceramic bowl, with a meager meal of soup, bread and water.

Special Performance by the Fraser Youth Choir

Sponsored by Fraser Public Schools K-12 Art Department



www.fraserk12art.weebly.com/empty-bowls

Two Students Selected as Jay's Juniors

Two Fraser students recently returned from a trip to Walt Disney World in Orlando, Florida after being selected as Jay's Juniors.

Radio and television personality Jay Towers began Jay's Juniors as a way to show support for families from metro Detroit with a child who has been diagnosed with a chronic or terminal illness. This year, 15 families were selected to go on the five-day trip to Disney World.



LUKAS SCHOHL

Lukas is a 3rd-grade student at Salk Elementary. He is part of the Save the Animals Club and a Cub Scout, and participates in the Ninja Warrior Class at

Cutting Edge Gymnastics.

He was diagnosed with Dandy Walker Syndrome when he was three. Despite his medical history over the last five years, he likes to do the things typical 3rd-graders like to do. He likes to play video games, and loves to swim and read books.

"Luke said he 'feels like a celebrity!' and that he has a bunch of new friends now," said his mom Amelia.

She said that when they applied for Jay's Juniors, she thought it was a shot in the dark. But, one day Jay Towers himself called to say Lukas was selected.

CAMERON COLE

Cameron was in 10th-grade when he was diagnosed with T-Cell ALL Leukemia. Once he began treatments, he had to be homeschooled. His mother Jodi said it was hard, but the support from Fraser Public Schools was "awesome," especially the homebound teacher Ms. Athena Kovalcik.

"She always got a hold of his other teachers and went through whatever she had to to make things easier for Cam," she said.

A few months ago, one of the nurses at Children's Hospital, who is also one of the Coles' neighbors, submitted an application on Cameron's behalf to Jay's Juniors. His mother Jodi didn't think anything would come of it. Then one day, Jay Towers called and said Cameron was chosen as one of the 15 Jay's Juniors.



Students Learn the History of Veterans Day

Students in Mrs. Jenks' 6th-grade class at Salk Elementary learned the history of Veterans Day and why we celebrate it. Once the students understood the national holiday, they wrote letters to veterans. Mrs. Jenks went on a mission to find local veterans whom she could give the letters to on Veterans Day. She went to the Fraser VFW and handed out letters to the veterans who were there. These simple letters really made their day! They read each letter, shared them with others, shed some tears, and laughed at the jokes included in the letters. The veterans were happy that they had not been forgotten. They sent back many hugs and a huge thank-you to the students. The 6th-graders not only learned about Veterans Day, but also that a simple act of kindness can make a huge impact!



Twain Students Experience the 1800's

In early November, the 1st-graders at Mark Twain Elementary visited the Troy Historical Village. They enjoyed spending time in a one-room schoolhouse and learning about how children were expected to behave and learn in the 1800's. They were also able to go inside a

log cabin to see how people lived long ago. The highlight of the log-cabin experience was making butter that they were able to sample. Since it ended up being a beautiful fall day, they ended their trip with a picnic lunch at the Village.



FHS Band Students Earn Honors

FHS junior Lydia Moenssen has been selected to the Michigan School Band and Orchestra Association (MSBOA) All-State Honors Band on flute. This is her second year being selected by audition to participate. She was also Honorable Mention for the piccolo, along with Peyton DeSchutter on bass clarinet and Ian LoPiccolo on saxophone. The MSBOA All-State program selects students for five ensembles through recorded auditions. Each year more than 2,000 students audition for one of the 400 seats on the five ensembles.

Ten FHS band students were also selected to participate in the MSBOA District XVI High School Honors Band. The students are:

Emily Eskuri, 11, Bassoon
Ian LoPiccolo, 11, Alto Saxophone
Alexis Ventimiglia, 11, Trombone
Kristina Rice, 10, Flute
Madeline Pretto, 10, Clarinet

Katie Achatz, 11, Clarinet
Chad Bischoff, 9, Tenor Saxophone
Miranda Cole, 10, Trumpet
Savanna Peraino, 10, Tuba
Evan Croft, 10, Percussion

Salk Wax Museum

On November 10, Salk's 2nd-graders culminated their social studies community and career study by creating a wax museum. To prepare for this day, the students listened to career presentations from parents and other family members, researched careers they were interested in online and in books, and created presentations with visual aids. The students then dressed up for the occasion and took their place in the gym as wax characters. Salk students and family members could then stop by each station and "press the figure's button" to learn about the student's chosen career. What a great way for the 2nd graders to share all they have learned!



Metro Jets Hockey Team Scores Big with Salk Students

Members of the Metro Jets hockey team visited Salk Elementary to share their hockey experiences with students. They also shared their educational experiences and talked with students about the importance of education. Many of the players described how they would not have the opportunity to play hockey without having a good education. They shared their favorite subjects, and talked about hard work and how to practice every day to improve themselves, not only in hockey but also in education, as well.



The Metro Jets also invited the Salk Students to attend their game on November 21. Students and families were given free tickets to attend, and 200 people from Salk trudged through the snow to attend the game. One lucky student got to go on the ice and drop a ceremonial puck. It was a fun time for everyone!

Teacher of the Week!

Congratulations to Twain's 2nd-grade teacher, Mrs. Barker, for being nominated WNIC's teacher of the week. Students wrote into WNIC to nominate a teacher who has made a difference in their lives. Several students sent in letters nominating Mrs. Barker, including Madison Gregory (pictured above with Mrs. Barker). WNIC stopped by Twain with coffee and Dunkin Donuts for the entire staff, and presented Mrs. Barker with a plaque and a \$50 gift card.

Curling at Ike

The United States Curling Association's Floor Curl Program came to Ike in October and November. Ike students learned the rules of curling, got to try out the equipment, and played a mini game. Hopefully, we will see some of our Ike students representing the United States in future Winter Olympics. Sweep! Sweep!



STAY CONNECTED



Become a fan of Fraser Public Schools on Facebook and Twitter to keep up with the latest news and updates.



Don't forget to check out the District's website for a calendar of events at:

www.Fraser.k12.mi.us

Ike Students Enjoy Lunch with Mentors

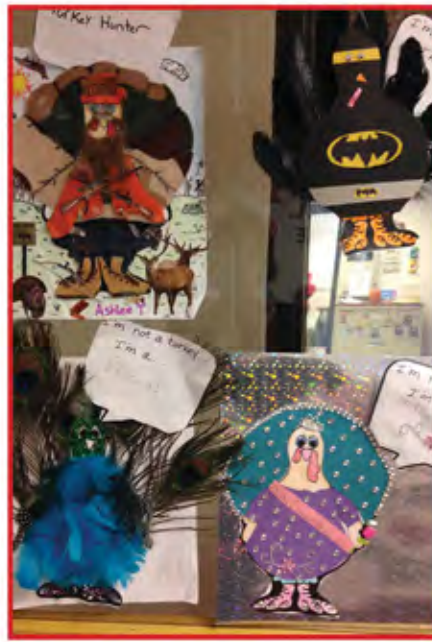
On Friday, November 20, Ike students had the opportunity to have pizza at lunch with their mentors for this year. Ike staff members signed up to be a mentor to some Ike students who needed an additional role model in their lives.



Fall Fling

Edison Elementary recently held its annual fall Title One meeting. Students went home with a bag full of goodies including games, books and school supplies!

The meeting included how Title One is incorporated into the curriculum, and what parents can do at home to encourage reading, math and building thinking strategies.



Disguise the Turkey

Students at Twain Elementary were given a picture of a turkey that they could disguise as anything in order for the turkey to avoid his fate on Thanksgiving Day. Students were amazingly creative! Dr. Richards and Ms. Wozniak chose their favorites and the winners were:

RUNNERS UP

- Happy Meal – **Aubrey Caruso**
- Cheerleader – **Araya Feere**
- Mickey Mouse – **April Zezulka**
- Pageant Queen – **Crystell Denton**

WINNERS

- Flower Piece – **Emily Drost**
- Batman – **Cannon Morrison**
- Turkey Hunter – **Ashlee Thursam**
- Peacock – **Shalya Moates**

All of the turkeys looked amazing and hopefully avoided the dinner table on Thanksgiving!

Edison Celebrates the 50th Day of School

The 1st-grade classes at Edison Elementary celebrated the 50th day of school by going back in time to the 1950's. They went to a sock hop, made root beer floats, had a hula hoop contest, and did the bunny hop. A great time was had by all!



Ike Harvest Fest

Eisenhower held their first Ike Harvest Fest this year, and it was a big success! Ike families took part in hayrides, a silent auction, and games, such as the candy walk, donut on a string and ring toss. Inflatables and a dunk tank were on hand, as well as delicious food. They also had a scarecrow decorating contest where families created their own themed scarecrow. It was a great event for Ike families.

Focus Four Hosts Parent-Child Workshop

The Focus Four preschool class had a lot of fun at their Parent-Child Workshop. Parents and children worked together on fine motor activities that could be done at school and at home. These activities help build muscles in the child's hands to improve their drawing,



Dooley Students Transform Classroom into Grocery Store



The Dooley Little Learners have been learning about good foods to eat. They were able to have a shopping experience in a classroom that was set up as a grocery store. There was a table to count their money, then pick out the foods they would like to purchase. Once they had their list, the children could walk around with their shopping carts to different sections of the store to pick up all of their groceries. There was even a cashier to ring up the items and bag them. They paid for their groceries with cash or credit. It's great when you can learn and have fun doing it!



Animal Magic

Edison 4th- and 5th-graders attended a special Animal Magic assembly. The students had an opportunity to learn about unique animals from around the world from Animal Magic's owner, Mark!

FRASER WINTER MOVIE FEST

NOV 7 FROM THE CREATORS OF WRECK-IT RALPH AND FROZEN

2016 FRIDAYS AT 7 PM IN THE HIGH SCHOOL

Disney BIG HERO 6

Friday, December 4



Friday, January 8



Friday, February 5



Friday, March 4

Only \$1 for anyone with Fraser Public School ID.

Nothing to get, nothing to do! Just show up and enjoy!!

Admission is first come first served and limited to the first 600 attendees.

Concessions will be available for purchase!

Proceeds benefit the Journalism Program at the high school

Watch for updates and news FHSTheFlash.com

Admission: Adults - \$3, age 6-12 - \$1, & under 5 – Free

All Movies Doors @ 6:30PM CONCESSIONS available in the High School Auditorium

Gymnastics at Dooley

The Dooley Center students were able to show off their gymnastics skills during the three-day visit from Cutting Edge Gymnastics.

They were able to use the various trampolines, tumble mats and horizontal bars. The kids loved to jump, run and flip through all of the equipment provided.





Girls Golf

The girls golf team had a roller coaster season this year. Three girls were named to the All Macomb County Team and the same girls were also named All MAC White Conference. Those three girls were senior captains Gabby Anderson and Katelyn Smith, and junior Katelyn Fetherolf. The team had potential to repeat as MAC White Champions, but were plagued with illness, a couple key injuries, and some unforeseen circumstances. Overall, they finished 4-4 in the MAC White in a three-way tie for second place. They had some success in the County Meet Tournament, finishing in third place behind Regina and Lutheran North, making them the top public school in the county! The team will look to make another run next year when All County/All Conference captain Katie Fetherolf plays her final season along with promising sophomore Angelique Breeding and returning letter-winner Abi Lucido.



Boys Tennis

The boys tennis team defended their 2014 MAC Blue title by going 6-0 in the league and capturing their second consecutive MAC Blue title this year. The boys have now gone 12-0 in league play during the past two years. The boys were led again this year by junior Adam Culver at 1 Singles, who was also voted to the County Dream Team. The boys played a difficult schedule facing off against numerous state qualifiers and highly ranked teams. Next year the boys team will be returning 11 of 12 starting players, and look to improve on their 9-10 mark from this season.

Winter Sports SUMMARIES

Girls Swimming and Diving

The Varsity swim and dive team finished the season with an overall 5-3 record. They tied for second in the dual meet season and had great swims at the League Championships. The League meet was held at Fraser High School and was a huge success. More than 95 percent of our swimmers had personal best times and many of the other teams enjoyed similar success. Top swims were turned in by juniors Janice Chandler, Alexandra Klomp, Morgan Mach and Emma Chrzanowski. Others that had great swims were: Katelyn Wilson, Jessica Craven, Olivia Grove, Lila Rode and Morgan Johnston. All of our divers earned medals and junior Amanda Hurchalla remained undefeated in the White Division by winning the diving event for the second straight year. Amanda has also qualified for Division 1 State Finals for the third year in a row. The Lady Ramblers worked very hard and finished very well in 2015.



Boys Soccer

The 2015 team returned after only losing one game last year, which was in the state's Final Four. Because of this, they faced every team's top effort and performance. The team finished at 17-4-3; the four losses came against the tough Red Division teams.



The team outscored their opponents 66-16 during the season. They recorded 15 shutouts, with senior goalie John Steffes getting 13 of them. This program proved that hard work pays off, as the team trained hard in the off-season.

Losing only four out of 24 games played is an amazing achievement, especially while competing in the most demanding conference in the state. Additional highlights for the team include winning the Petoskey Invitational, hosting and winning the second Fraser Invitational Tournament, and beating Romeo 5-0 in the first game of the year and in Coach Mukhtar's 1,000th game of his career. Other highlights include Nick Sharpe, Jordan Hogard, Connor Piccolo and Andre Eaton all scored 10 goals or more; and Nick Sharpe notched 17 assists. Lastly, two players were named All-State: Nick Sharpe on Second Team All-State and Jordan Hogard on Honorable Mention All-State. That makes nine All-State athletes, a tremendous achievement.

Cross Country

The boys team had one of the best seasons in about a decade at FHS and finished in third place in the MAC Blue Division (Regular Season) and sixth at the Divisional Meet. Steven Stine made Second Team All County, placed third in the Region 8 Meet, and became a two-time state meet qualifier placing 92nd overall. Jalen Smith was All Divisional for the first time. This is the first time in more than five years that the Boys Cross Country Team has had 10 runners able to run the 5K race in under 20 minutes. The top five runners will be returning for next season. It was a down year for the girls team this year. However, with the talent we have returning, next year should be a quality season.



Fraser Dance



The Fraser Dance Team has done outstanding so far this season! They completed summer conditioning, football season, and the second annual Dance Camp. All three were very successful, and the girls proved how hard they have been working. They would like to give a special

thank-you to all the Fraser Dance team families, friends and fans for supporting the girls. Moving forward, the dance team is preparing for basketball season and competition season. During basketball season, they will be dancing at the girls' and boys' games. The girls will be performing different styles of dances, so if you are looking for a good halftime entertainment show, come show support to the Fraser Dance Team. We look forward to seeing how the girls improve even more within the next couple months. Keep up all the hard work FDT!

FRASER DANCE CAMP

The Fraser Dance Team hosted their 2nd annual dance camp. The camp provides dancers with a two-day dance clinic where they learn skills to use in a routine. The camp shows dancers what it takes to be a member of the Fraser Dance Team. The third day, they performed the dance they learned alongside the Fraser Dance Team at a home varsity football game.



This camp provided girls in grades 1-8 an experience they will never forget! They were able to meet with the Fraser Dance Team one-on-one, and learn pom skills, leaps, jumps, stretches, facials, etc. They also were able to get to know all the girls who participated in the camp. It was a great experience for the campers, but also for the members of the Fraser Dance Team.

We hope to continue this dance camp for years to come. We love seeing all the smiling faces from the campers and our dance team girls. This camp is something we look forward to every year, and we know the campers do, as well.

To all the future Fraser Dance Team members, we look forward to seeing you next year!

Volleyball



The volleyball team began their season back in June and has been working hard throughout the summer and fall. Showing progress throughout the season, the team struggled in MAC White League play, going 0-10. Several matches were very close, players losing many sets by just two points and battling 4-5 games in some matches. The second half of league play showed a more competitive side to the girls, whose spirits were high entering the state tournament. The girls fell in the semi-final round of Districts to L'Anse Creuse in five hard-fought games.

The team is led by three seniors who showed a lot of character and heart throughout the season. Sophomore Libero Shelby Budnick earned Third Team All-County honors and First Team All League. Sophomore Outside Hitter Amanda VanJaarsveld earned Honorable Mention All League and All County, respectively.

As a team, the girls were honored with All-State Academic with a cumulative team GPA of 3.35, as well as earning the MAC Sportsmanship award. The girls showed a lot character by persevering through a very difficult season.

Cheerleading



This team has been working hard and preparing for Sideline Season since June. Varsity had to endure two-a-days, an away camp and practices. By the end of the season, you could definitely tell their hard work

was paying off. They bought into the program philosophy, turned their 10-minute miles into seven-minute miles, back walkovers turned into back handsprings, and handsprings turned into tucks. Their stunting was barely hitting in those first few weeks, and by the end, they were hitting full-ups. These girls gave 100 percent, 100 percent of the time. These girls are destined to achieve great things during competitive season. They truly gave up the "me" and became "we." Everything they do is for the team; as you can see in their eyes at practice.



Football

With a new coaching staff and a new system, the Fraser Varsity Football Team continued to improve every week. Because of the team's great senior leadership, they finished the season 3-6 (3-2 in the MAC Blue), but ended the year winning three out of their last four games. The team was led on offense by senior Luke Warchol (180 carries, 1,069 yds a game, 11 TD). They were led on defense by senior Michael McTigue (64 tackles, one sack). The seniors did an outstanding job setting the tone and foundation for seasons to come.